CWA Class Notes

January 11, 2016 Unit: Success

EQ: Why is “focus” the key to success?

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| 1.Read & annotate article: “Why Focus”  -5 words I need to know & define:  -What is the difference between mindlessness and mindfulness?  -What are “high achieving people able to do? | -  -  -  -  -Mindlessness is…  Mindfulness is…  Therefore the difference is…  - |
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| Summarize your vision of success by creating an acrostic (use full sentences): | S  U  C  C  E  S  S |