**CWA Class Notes – Unit: Success January 16, 2018 EQ: What mindset & activity are needed to be more successful?**

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| **Article1: “Why Focus” article**  **1.Read & annotate article:**   1. **What is the difference between mindlessness and mindfulness? (¶ 3-7)** 2. **What are “high achieving” people [like Steve Jobs] able to do? (¶8-9)** | **-Mindlessness is…**  **Mindfulness is…**  ***Therefore the difference is…***  **-High achievers…** |
| **Article 2: “Outliers” excerpts**  **2. Read & annotate the article:**   1. **What is required to achieve “world class” skill?** 2. **What do “high achieving” people [like Bill Gates] DO to reach their goals?** | **-**  **-** |
| **Answer EQ:** |  |